## That which is claimed:

- 1. A method for detecting congestion in a communications network comprising:
  - (a) determining a control packet transmission duration for a control packet, said control packet having a control packet transmission priority;
  - (b) determining a bearer packet transmission duration for a bearer packet, said bearer packet having a bearer packet transmission priority, wherein said bearer packet transmission priority is lower than said control packet transmission priority;
  - (c) calculating a delay in a transmission of said bearer packet; and
  - (d) comparing said delay to a threshold delay.
- 2. The method of claim 1, further comprising:
  - (e) rejecting a communication request when said delay exceeds said threshold delay.
- 3. The method of claim 1, further comprising:
  - (e) redirecting a communication request when said delay exceeds said threshold delay.
- 4. The method of claim 1, further comprising calculating said threshold delay.
- The method of claim 1, wherein said calculating of said threshold delay comprises:

  determining a mean control packet delay;

  multiplying said mean control packet delay by a multiplier;

  determining a minimum control packet delay; and

adding the result of said multiplying to said minimum control packet delay.

- 6. The method of claim 1, wherein said calculating comprises:

  determining a control packet delay for a specified percentile of all bearer packets;

  multiplying said control packet delay by a multiplier;

  determining a minimum control packet delay; and

  adding the result of said multiplying to said minimum control packet delay.
- 7. The method of claim 1, further comprising transmitting said control packet.
- 8. The method of claim 1, further comprising creating said control packet.
- 9. The method of claim 1, further comprising setting said control packet transmission priority.
- 10. The method of claim 1, further comprising transmitting said bearer packet.
- 11. The method of claim 1, further comprising setting said bearer packet transmission priority.
- 12. The method of claim 1, further comprising repeating steps a-c.
- 13. A method for detecting congestion in a communications network comprising:

- (a) receiving a control packet, having a control packet transmission priority and a control packet source timestamp;
- (b) recording a control packet time received;
- (c) determining a control packet transmission duration by subtracting said control packet source timestamp from said control packet time received;
- (d) receiving a bearer packet, having a bearer packet transmission priority and a bearer packet source timestamp, wherein said bearer packet transmission priority is lower than said control packet transmission priority.
- (e) recording a bearer packet time received;
- (f) determining a bearer packet transmission duration by subtracting said bearer packet source timestamp from said bearer packet time received;
- (g) calculating a queuing delay encountered by said bearer packet by subtracting said control packet transmission duration from said bearer packet transmission duration; and (h) comparing said queuing delay to a threshold delay.
- 14. The method of claim 1, further comprising:
  - (i) rejecting a communication request when said queuing delay exceeds said threshold delay.
- 15. The method of claim 1, further comprising:
  - (i) redirecting a communication request when said queuing delay exceeds said threshold delay.

- 16. The method of claim 13, further comprising calculating said threshold delay.
- 17. A computer-readable medium on which is encoded computer program code for detecting congestion in a communications network comprising:
  - (a) computer program code for determining a control packet transmission duration for a control packet, said control packet having a control packet transmission priority;
  - (b) computer program code for determining a bearer packet transmission duration for a bearer packet, said bearer packet having a bearer packet transmission priority, wherein said bearer packet transmission priority is lower than said control packet transmission priority;
  - (c) computer program code for calculating a delay in a transmission of said bearer packet; and
  - (d) computer program code for comparing said delay to a threshold delay.
- 18. The computer-readable medium of claim 17, further comprising:
  - (e) computer program code for rejecting a communication request when said delay exceeds said threshold delay.
- 19. The computer-readable medium of claim 17, further comprising:
  - (e) computer program code for redirecting a communication request when said delay exceeds said threshold delay.

- 20. The computer-readable medium of claim 17, further comprising program code for calculating said threshold delay.
- 21. The computer-readable medium of claim 20, wherein said program code for calculating said threshold delay comprises:

program code for determining a mean control packet delay;

program code for multiplying said mean control packet delay by a multiplier;

program code for determining a minimum control packet delay; and

program code for adding the result of said multiplying to said minimum control packet delay.

22. The computer-readable medium of claim 20, wherein said program code for calculating said threshold delay comprises:

program code for determining a control packet delay for a specified percentile of all bearer packets;

program code for multiplying said control packet delay by a multiplier;
program code for determining a minimum control packet delay; and
program code for adding the result of said multiplying to said minimum control packet
delay.

23. The computer-readable medium of claim 17, further comprising program code for transmitting said control packet.

- 24. The computer-readable medium of claim 17, further comprising program code for creating said control packet.
- 25. The computer-readable medium of claim 17, further comprising program code for setting said control packet transmission priority.
- 26. The computer-readable medium of claim 17, further comprising program code for transmitting said bearer packet.
- 27. The computer-readable medium of claim 17, further comprising program code for setting said bearer packet transmission priority.
- 28. The computer-readable medium of claim 17, further comprising program code for repeating steps a-c.
- 29. A computer-readable medium on which is encoded computer program code for detecting congestion in a communications network comprising:
  - (a) program code for receiving a control packet, having a control packet transmission priority and a control packet source timestamp;
  - (b) program code for recording a control packet time received;
  - (c) program code for determining a control packet transmission duration by subtracting said control packet source timestamp from said control packet time received;

- (d) program code for receiving a bearer packet, having a bearer packet transmission priority and a bearer packet source timestamp, wherein said bearer packet transmission priority is lower than said control packet transmission priority.
- (e) program code for recording a bearer packet time received;
- (f) program code for determining a bearer packet transmission duration by subtracting said bearer packet source timestamp from said bearer packet time received;
- (g) program code for calculating a queuing delay encountered by said bearer packet by subtracting said control packet transmission duration from said bearer packet transmission duration; and
- (h) program code for comparing said queuing delay to a threshold delay.
- The computer-readable medium of claim 29, further comprising program code for:

  (i) rejecting a communication request when said queuing delay exceeds said threshold delay.
- The computer-readable medium of claim 29, further comprising program code for:(i) redirecting a communication request when said queuing delay exceeds said threshold delay.
- 32. The computer-readable medium of claim 29, further comprising program code for calculating said threshold delay.
- 33. A system for detecting congestion in a communications network comprising:

a first media gateway in communication with said communications network, wherein said first media gateway comprises:

a timestamp clock, a control packet generator in communication with said timestamp clock, and

a classifier marker in communication with said control packet generator; a second media gateway in communication with said communications network, wherein said second media gateway comprises:

a system clock, and

a delay calculator in communication with said system clock.

- 34. The system of claim 33, wherein said timestamp clock comprises a first stratum-1-classified signal receiver time.
- 35. The system of claim 33, wherein said system clock comprises a second stratum-1-classified signal receiver time
- 36. The system of claim 33, wherein said communications network comprises an Internet protocol (IP) network.
- 37. The system of claim 22, wherein said first media gateway comprises an IP voice tandem.
- 38. The system of claim 22, wherein said second media gateway comprises an IP voice tandem.

- 39. The system of claim 33, wherein said first stratum-1-classified signal receiver time comprises a network access card.
- 40. The system of claim 33, wherein said first stratum-1-classified signal receiver time comprises a global positioning system receiver.
- 41. The system of claim 33, wherein said second stratum-1-classified signal receiver time comprises a network access card.
- 42. The system of claim 33, wherein said second stratum-1-classified signal receiver time comprises a global positioning system receiver.
- 43. The system of claim 33, wherein said classifier marker comprises a differentiated services (DiffServ) classifier marker.
- 44. The system of claim 33, wherein said classifier marker comprises:

  a control packet queue; having a first transmission priority; and

  a bearer packet queue, having a second transmission priority, wherein said first
  transmission priority is higher than said second transmission priority.
- 45. The system of claim 33, further comprising a connection admission controller in communication with said delay calculator.